



Serving quality food since 2005

Welcome to Hele Billy's spring menu 2019

We use fresh local produce from local suppliers wherever possible.
All meals are cooked to order so please be patient with us during busy times.

Opening times

Food served from 4pm to 9pm, Mon, Tue, Wed. last food orders 9pm. Thu, Fri, Saturday, Open from 12 noon till 9pm Bar is open till 11pm every day

OPEN SUNDAY EVENINGS, Regular Menu, 5pm to 9pm Summer only

With CARIBBEAN Evening – every Thursday from 6pm:

Menu includes: authentic Goat Curry, Rice & Peas, Jerk Pork Belly, Jerk Chicken, Chicken Curry and vegetarian 'Manna from Heaven' which is a mild spiced roasted butternut squash and lentil dahl and more

The Early Bird Meal – Look for the bird!

Meals are available at the lower price indicated - Mon – Wed 4pm – 6pm & Thurs to Sat 12 till 6pm

Allergens

We have included in this menu symbols for vegetarian and gluten free dishes.
If you have any other specific allergies, please ask and we will be happy to assist you.

Seafood Dishes

We get sustainable fresh fish delivered daily to bring you the freshest and best seasonal fish which you will find on our specials board.

To comply with the licensing law, children are welcome in the bar & restaurant until 9.30pm but must be supervised at all times

Please note that we are unable to accommodate pushchairs in the restaurant area, but welcome in the bar area.

Dogs on leads are welcome in the bar area

**Bookings are always advisable
Large tables can be catered for**

We do not add a service charge

Gratuities are completely at your discretion and are divided equally amongst the team who served you.

**FREE Wi-Fi is available throughout – network – XLN For Small Business, password – sgyg54cX
Please turn the volume OFF on all mobile devices to ensure the comfort of all guests.**

We hope you enjoy your meal with us and look forward to welcoming you back soon

Nibbles

Ciabatta loaf served warm with olive oil and aged balsamic & butter (v)	£4.50 whole / £2.50 half ciabatta
Antipasti olive selection (v, gf)	£4.00
Marinated anchovies with rustic ciabatta bread	£5.00
Houmous with crudités and crostini (v)	£5.00

Starters

Calamari - Crispy salt and pepper calamari & sweet chilli dip	£7.50
Prawn Cocktail - Cold water prawns in a classic Marie Rose sauce, served on iceberg lettuce with brown bread & butter	£7.00
Devon Scallops - Pan seared scallops with chorizo, pea puree and honey	£9.50
Deep fried brie - Wedges of Brie, served on a bed of salad with a sweet chilli dip (v)	£6.50
Tiger Prawns - Pan seared black tiger prawns with garlic, spring onion and chilli, with warm ciabatta	£8.50
Portobello Mushrooms - topped with Devon Blue cheese and herb crusts (v)	£6.00
Fish Cakes - Smoked Mackerel fish cakes, with beetroot and caper salsa	£6.95

Main Courses

Seafood - Please also see our daily specials on the blackboard

<i>Whole</i> - served on the bone with head and tail still on (please advise if you wish these to be removed)	
<i>Fillet</i> - off the bone, we try and remove all bones however, some small ones may remain	
Mixed Seafood platter - pan seared bass, hake, cod, salt & pepper calamari, prawns and mussels with a parsley and lemon butter, served with ciabatta bread and chips	£24.00
Mediterranean Seafood Stew - tiger prawns, cod, mussels, squid & chorizo, in a rich tomato based sauce, with crusty bread	£16.00
Seafood Risotto - A homemade risotto of tiger prawns, cod, mussels and squid, fried with tomato, spring onion and shallots, topped with a sprinkle of parmesan and served with crusty bread	£15.95
Fresh Mussels - cooked with shallots in a white wine cream, parsley & garlic sauce served with chips	£18.50
Whole sea bass - stuffed with fresh coriander, chives and lemon, served with salad and new potatoes	£18.50
Cornish Hake fillet - Pan seared and served on spring onion and garlic mash, in mussel and white wine sauce, served with vegetables (gf)	£17.95
Beer Battered Cod Fillet - A Fish 'n' Chip shop style of beer battered cod fillet, served with chips and mushy peas/peas	£13.95
Fish Cakes - Smoked Mackerel fish cakes with beetroot and caper salsa, salad and new potatoes	£ 13.00

Meat dishes

Chicken Breast in creamy mushroom sauce - served with white rice and fresh market vegetables	£15.50
'Crackly Pork' - Our own whole hock of pork, slowly cooked and then 'crackled'. Served with peppercorn sauce, vegetables and chips - NOT FOR THE FAINT HEARTED! (gf)	£20.00
Beef fillet and mushroom stroganoff - Strips of beef fillet, Portobello mushrooms in a creamy stroganoff, served with basmati rice and vegetables (gf)	£15.95
Slow roasted lamb shank - with rich red wine gravy, vegetables and mash potatoes (gf)	£18.95

Burgers

West Country 100% steak burger , with smoky bacon and cheddar in a toasted Brioche bun, served with homemade relish and chips	£12.50
Chicken burger - half a fresh chicken breast, with smoky bacon and cheddar in a toasted Brioche bun, served with homemade relish and chips	£12.50
Cajun vegetarian burger - in a toasted Brioche bun, served with homemade relish, tzatziki, chips and salad, for non-vegan vegetarian add Halloumi and/or Coleslaw £1.00 each (v)	£12.50

FROM THE GRILL

The Big West Country Grill - 20oz mixed grill: rump steak, gammon steak, lamb chop, pork loin and 2 sausages, topped with fried egg	£23.95
Full rack of Jack Daniels BBQ Ribs , served with chips and onion rings	£20.00
21 Day Matured West Country 10oz Ribeye Steak	£20.95
Hunters Chicken - free range chicken breast wrapped in bacon and cheese, BBQ sauce grilled and served with chips and salad <i>(gf)</i>	£15.00

All steaks served with tomato, mushrooms, onion rings and chips

Add a Sauce to your meal

Peppercorn or Stilton	£2.00
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Vegetarian meals

*See Early Bird section for homemade *(v)* Spinach and cheese lasagne *(v)* and Chickpea Curry *(v)**

Mushroom stroganoff served with basmati rice and vegetables <i>(v)</i>	£11.50
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Side orders

Beer Battered Onion rings <i>(v)</i>	£2.50
Homemade Coleslaw <i>(v, gf)</i>	£3.00
Sweet Potato fries & sour cream <i>(v)</i>	£4.20
Garlic Ciabatta <i>(v)</i>	£3.50
Cheesy garlic ciabatta <i>(v)</i>	£4.20
Chips <i>(v, gf)</i>	£3.20
Cheesy Chips <i>(v)</i>	£3.80
Vegetables, new potatoes or side salad <i>(v, gf)</i>	£2.80

Early Bird - Great Value Meals Mon to Sat 12 - 6pm

Scampi - Wholetail scampi, served with chips and salad, peas or mushy peas, tartare sauce	£7.00
Seafood Pie - cod, salmon, smoked haddock and prawns in a parsley sauce, topped with cheesy mashed potato and served with vegetables <i>(gf)</i>	£8.00
Cottage Pie - topped with cheesy mash, served with vegetables	£7.00
Chilli Con Carne - served with cheesy nachos, basmati rice, guacamole, salsa and sour cream	£7.00
Chickpea Curry - with pilau rice, poppadum, mango chutney & mint yoghurt <i>(v)</i>	£7.00
Chicken Curry - with pilau rice, poppadum, mango chutney & mint yoghurt <i>(gf)</i>	£7.00
Beef Lasagne - served with chips and salad	£7.00
Spinach and Cheese Lasagne - with salad and chips <i>(v)</i>	£7.00
Classic English Sausages - on creamy mash with gravy, onion rings	£7.00
Chicken, pea and pancetta risotto	£8.00
12 oz Gammon Steak - topped with egg and pineapple, served with chips <i>(gf)</i>	£8.00
All Day Breakfast - 2 Olde English Sausages, bacon, fried egg, chips and beans <i>(gf)</i>	£7.00

These dishes can be ordered after 6pm at the evening price of £11.50 or £12.50 respectively.

Smaller meals

Suitable for children and people with small appetites

Breaded mini Chicken fillets with chips and peas or beans	£6.50
Beer Battered Cod bites with chips and peas or beans	£6.50
Tomato Pasta	£6.00
Spaghetti Bolognaise	£6.50
Classic English Sausages, baked beans and chips	£6.50
BBQ riblets, beans and chips	£6.50
Kids burger, beans and chips, option cheese	£6.50
6 oz Gammon Steak - topped with egg and pineapple, served with chips	£7.50

Desserts

Homemade Date and Sticky Toffee Pudding with butterscotch sauce <i>(gf)</i>	£5.00
Homemade Apple and Blackberry Crumble <i>(gf)</i>	£5.00
Homemade Pear Frangipane Tart	£5.00
Homemade Bread & Butter Pudding	£5.00
Chocolate Fudge Cake	£5.00
Baked New York Cheesecake with your choice of toffee, mango, lemon or raspberry sauce	£5.00
Homemade Creamy Lemon Posset - served with raspberry compote	£5.00

Ices Selection

Sherbet Lemon ices: 2 scoops lemon curd ice cream, 1 scoop of lemon sorbet, lemon sauce & clotted cream <i>(gf)</i>	£5.00
Tutti-frutti ices: 3 scoops of fruit sorbet with fruity sauces <i>(gf)</i>	£5.00
Ice Cream Indulgence: 1 scoop of Vanilla, 1 scoop of Belgium choc, 1 scoop honeycomb ice-cream, topped with toffee and ginger sauces, served with clotted cream	£5.00

Mix 3 scoops of ice-cream or sorbet available from a selection of flavours:	£5.00
Ice-cream flavours: Honeycomb; Vanilla; Belgian Chocolate	
Sorbet flavours: Mango; Raspberry; Lemon <i>(gf)</i>	
Sauces: Mango, Raspberry or Toffee	

Cheese and Biscuits Board	£7.00
Selection of West Country and other cheese, Brie, Stilton and Taw Valley mature cheddar, seasonal homemade chutney	
For an extra £3.00, add a Glass of <i>Ruby Port</i>	£3.00

Hot drinks

Tea - £3.00
Cappuccino, Mocha, Black, White coffee - £3.20
Hot Chocolate - £3.40
Latte - £3.40
Liqueur Coffees - £6.20
Plain Floater Coffee - £3.40